# Foodborne Illness Poster



Did you know that some people have a higher risk of contracting a food borne illness

Pregnant Women, Children and the Elderly are more susceptible than the average adult.

...BE AWARE...

#### Salmonellas vs. E. Coli

# Eggs, Dairy, Produce

Prevent by cooking to required internal temp.

Avoid

## Cross-Contamination:

Keep poultry AWAY from other foods

If you have been diagnosed If you have diarrhea or have with Salmonellas

> STAY **HOME**

#### **Ground Beef & Meats**

Prevent by cooking ground beef to minimum temp

Avoid

## Cross-Contamination:

Keep raw meat AWAY from other foods

been diagnosed with E. Coli STAY

HOME

